



Valley Health
Associates

SUCCESS REPORT 2023



**PROVIDING THE HIGHEST QUALITY SUBSTANCE
USE DISORDER SERVICES FOR YOUTH AND ADULTS
IN MONTEREY AND SAN BENITO COUNTIES.**

www.valleyhealthassociates.com

Company Overview

ABOUT US

Valley Health Associates (VHA) is a premier provider of outpatient chemical dependency programs in Monterey County. VHA strives to be fiscally sound, well-managed, and compliant with all pertinent regulations and standards. We maintain positive relationships with our governmental and judicial partners and diligently strive to offer services that will enhance the lives of those we serve. Our Medication Assisted Treatment (MAT) program at VHA is licensed, accredited, and operated following all applicable federal, state, and local regulatory guidelines. The MAT program is fully accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF).

VISION

Valley Health Associates is a non-profit organization that utilizes Medication Assisted Treatment and other evidence-based methods in a safe, caring, and supportive environment either on-site or through our mobile clinic. Our main focus is to promote recovery and wellness through healthy and productive lifestyle changes while using a whole-person approach to care.

MISSION

Providing the highest quality substance use disorder services for youth and adults in Monterey and San Benito Counties.

A Message From Our Executive Director



La Tonya Glover
Executive Director

Dear Stakeholders,

As we reflect on the past year, I am delighted to share with you the accomplishments and milestones achieved by the team at Valley Health Associates. Despite the challenges presented by the global landscape, our commitment to our mission remained unwavering, and our dedication to serving our community grew stronger.

Throughout the year, our team demonstrated remarkable resilience, adaptability, and innovation in navigating the ever-changing environment of addiction treatment. Together, we tackled obstacles head-on, finding creative solutions and forging new pathways to success.

Our achievements spanned a wide range of areas, from expanding our outreach programs to launching impactful initiatives that addressed pressing societal needs. Through collaborative efforts and strategic partnerships, we were able to make a meaningful difference in the lives of those we serve.

As we look ahead, we are filled with optimism and determination to build upon our progress and continue to make a positive impact in both San Benito and Monterey Counties. With your ongoing support and engagement, I am confident that we will reach even greater heights in the years to come.

I extend my heartfelt gratitude to our dedicated staff, volunteers, partners, and stakeholders for their support and commitment to our mission. Together, we are transforming lives and shaping a brighter future for all.

Thank you for your continued trust and belief in our work.

La Tonya Glover

Collaborations

Through these partnerships, VHA not only shares our resources with other agencies but also receives remarkable support from them, therefore expanding our ability to serve clients.



Medi-Cal



Monterey Peninsula Unified School District



United Way Monterey County



Statistics & Data



575 CURRENT CLIENTS

300 ADULTS, 200 NALOXONE, 75 YOUTH

GENDER OF CURRENT CLIENTS



46% FEMALE, 52% MALE,

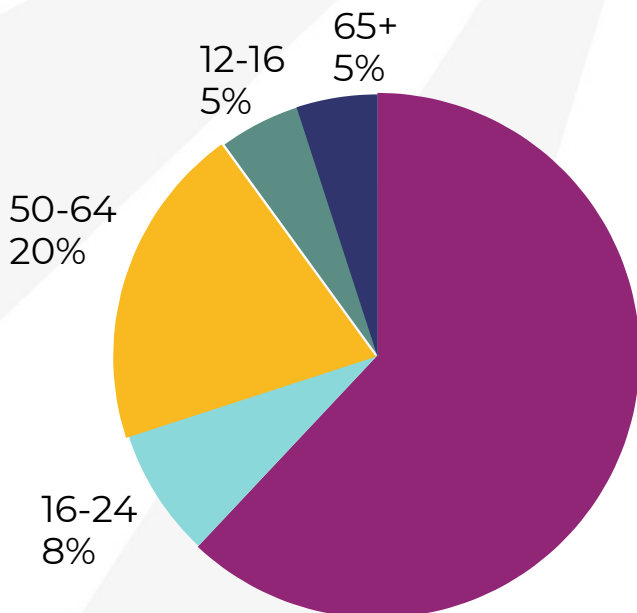
2% NON-BINARY/ GENDER FLUID/GENDER QUEER

98%

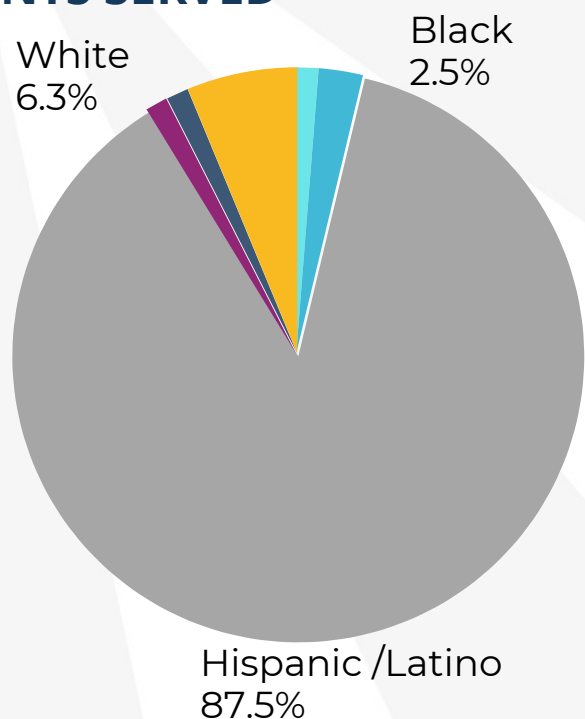
OR MORE OF VALLEY HEALTH ASSOCIATES' CLIENTS ARE MEDI-CAL PATIENTS.



AGE RANGE OF CLIENTS SERVED

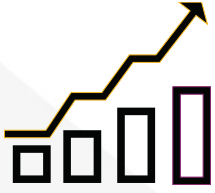


ETHNICITY OF CLIENTS SERVED



Our Community

Overdose Statistics



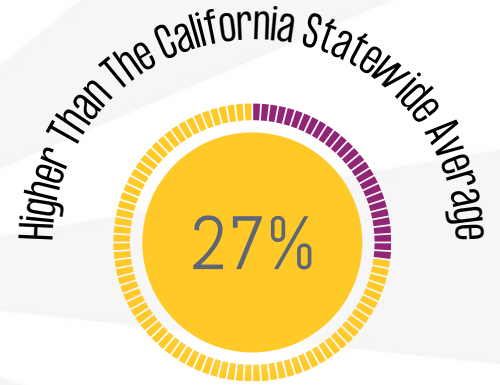
In 2023 the overdose death rate topped 112,000 in a 12-month period for the first time, according to the Centers for Disease Control and Prevention.

Highest local spike happening in...

93901

The fastest growing group is under 19 years old

In Monterey County, over 7,500 people (ages 12+) have a diagnosed opioid use disorder. Yet, approximately 4,350 of our community members DO NOT receive the proven, evidence-based Medication Assisted Treatment (MAT) to treat their chronic health condition*. MAT helps reduce mortality while patients begin recovery. In fact, there is a decreased risk of death by 15x!



*California Opioid Use Disorder and Treatment Needs Fact Sheet

Mobile Clinic

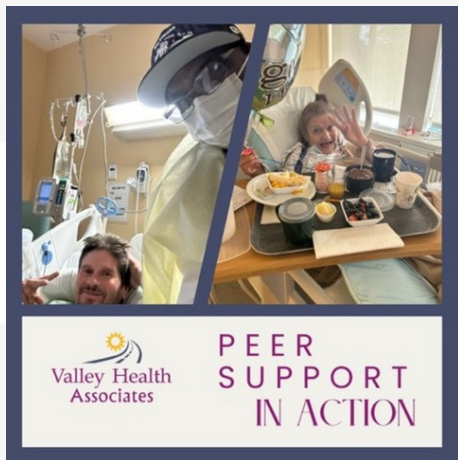
Our Mobile Health Clinic conducts outreach and education to inform the community about overdose and Naloxone reversal medication, obtained through the State's Naloxone Distribution Program. With this information, VHA is empowering our community to save lives.



New This Year

Outreach

This year we have established programming inside the Monterey County Jail. And, in collaboration with the City of Salinas, we have launched targeted services for the Carr Lake Encampment to reach individuals experiencing homelessness.



Peer Counseling

This year, Lead Peer Recovery Specialist at Valley Health Associates, Darrell Smith became the first Medi-Cal State Certified SUD Peer Recovery Specialist in Monterey County.

Educational Webinar

Valley Health Associates created an educational webinar featuring VHA medical director, Dr. Edgar Castellanos on the topic of Fentanyl and the danger it has in our community.

